

Overnight Oats with Banana and Chia Seeds

1 Portion



Easy

🕒 up to 5 Min.



Ingredients:

For Overnight Oats with Banana and Chia Seeds:

8 tbsp Dr. Oetker Nona Quick Cook Oats
200 ml Milk
1 tbsp Chia Seeds
1 Banana (sliced)
Assorted Nuts

- 1 Place Dr. Oetker Quick Cook Oats, milk and chia seeds in a mason jar, stir well.
- 2 Add banana and nuts.
- 3 Cover and keep in the refrigerator overnight and enjoy.

Tip:

Overnight oats can be stored in the refrigerator up to 5 days!